

BOURNEWOOD HEALTH SYSTEMS LOCATIONS

BROOKLINE

Bournewood Hospital
300 South Street
Brookline, MA 02467

WOBURN

Bournewood Caulfield Center
at Choate Medical Center
23 Warren Avenue
Woburn, MA 01801

LOWELL

Bournewood Hospital
Solomon Mental Health Center
391 Varnum Avenue
Lowell, MA 01854

Bournewood Health Systems
Referral/Admissions Line
800-468-4358



WHY THE GINKGO LEAF?

The symbolism of the ginkgo is very appropriate for Bournewood and the adults, adolescents and families we serve. The ginkgo biloba, or Maidenhair tree, has been known to live for 2,000 years. It is considered a symbol of longevity, hope, resilience and peace.

These are the characteristics of recovery we strive to instill in our mission, our values, our clinical approach and most importantly, in the lives of the individuals who come to Bournewood to heal from mental health and substance use conditions.

The ginkgo is a beautiful tree, revered in Japan and China. There is a story that tells of the ginkgo tree's profound endurance. Not only has this exceptionally resilient tree survived three mass extinction events over the past quarter of a billion years, but it was found to be the only surviving plant species near the epicenter of the August 6, 1945 Hiroshima atomic bomb blast. In September 1945, the area around the blast center was examined and six Ginkgo trees were found standing. They budded shortly after the blast without major deformations and are still alive to this day.

ADULT DUAL PARTIAL HOSPITAL PROGRAM BOURNEWOOD CAULFIELD CENTER IN WOBURN



www.bournewood.com

**SINCE 1884, DEDICATED TO PROVIDING COMPASSIONATE
PSYCHIATRIC AND SUBSTANCE USE TREATMENT SERVICES.**



Bournewood has earned The Joint Commission's Gold Seal of Approval® for Behavioral Health Care Accreditation symbolizing the quality and excellence that reflects our commitment.



BROOKLINE | WOBURN | LOWELL

FOSTERING RECOVERY THROUGH TRAUMA-INFORMED CARE

Bournewood Health Systems brings over 130 years of continuous behavioral health care experience to provide support, high quality clinical practices, hope and recovery to adults and adolescents with mental health and substance use conditions.

Trauma-informed treatment is the foundation of our approach. A person's overall health and wellness are integrated into all our services.

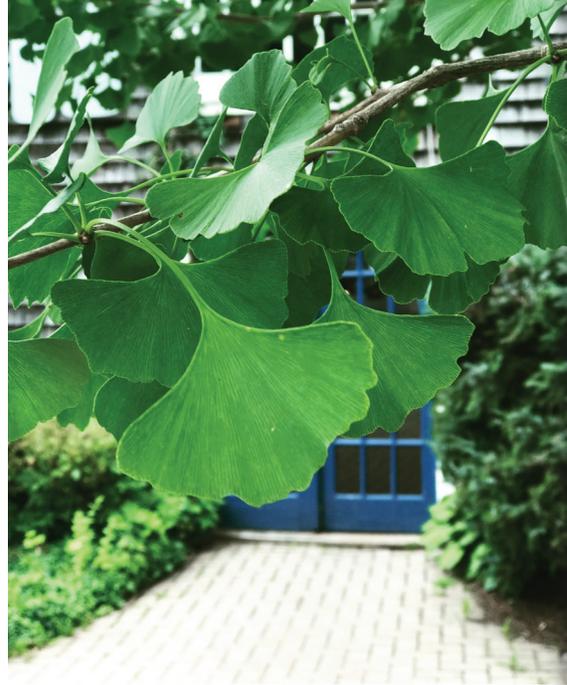
ADULT DUAL PARTIAL HOSPITAL PROGRAM BOURNEWOOD CAULFIELD CENTER IN WOBURN

Adult Dual Diagnosis Partial Hospital Program at our Woburn campus provides voluntary intensive, brief treatment to adults with mental health and substance use conditions. This program is for individuals who need a structured environment focusing on recovery and abstinence, management of mental health symptoms and the development of healthy coping skills and strategies. Mindfulness skills are taught to support recovery.

The program runs Monday through Friday from 9 a.m. to 2:15 p.m. The treatment team consists of a board certified psychiatrist, licensed social workers, licensed alcohol and drug counselors, licensed mental health counselors and rehabilitation specialists.

We provide the opportunity for each person to access group therapy, psychiatric evaluations, medication evaluations, case management, expressive therapy, after care planning and individual counseling with a licensed clinician and/or a psychiatrist. The multidisciplinary team coordinates care with community providers, family and state agencies.

- ✓ Individualized Care
- ✓ Recovery-focused Treatment
- ✓ Medication Evaluation
- ✓ Integrated Approach
- ✓ Mindfulness Skills and Meditation
- ✓ Case Management
- ✓ Aftercare Planning and Support



Our Mission

Bournewood is dedicated to providing high quality person-centered treatment for people with mental health and substance use conditions in a safe and respectful environment in partnership with the individuals and families we serve, focusing on support, hope and recovery.

WHAT YOU CAN EXPECT AT BOURNEWOOD

We treat people with dignity, respect and mutuality; protect their rights; provide the best care possible; support them in returning to their natural communities; and include patients and families as partners in their treatment.

Our philosophy stands for providing a safe and therapeutic environment for patients, families and our staff.

**Have questions about our programs and services?
Our intake coordinators are on duty 24/7. Call us at**

800-468-4358

Visit our website at www.bournewood.com