

## BOURNEWOOD HEALTH SYSTEMS LOCATIONS

### BROOKLINE

Bournewood Hospital  
300 South Street  
Brookline, MA 02467

### WOBURN

Bournewood Caulfield Center  
at Choate Medical Center  
23 Warren Avenue  
Woburn, MA 01801

### LOWELL

Bournewood Hospital  
Solomon Mental Health Center  
391 Varnum Avenue  
Lowell, MA 01854

**Bournewood Health Systems**  
**Referral/Admissions Line**  
**800-468-4358**



#### WHY THE GINKGO LEAF?

*The symbolism of the ginkgo is very appropriate for Bournewood and the adults, adolescents and families we serve. The ginkgo biloba, or Maidenhair tree, has been known to live for 2,000 years. It is considered a symbol of longevity, hope, resilience and peace.*

*These are the characteristics of recovery we strive to instill in our mission, our values, our clinical approach and most importantly, in the lives of the individuals who come to Bournewood to heal from mental health and substance use conditions.*

*The ginkgo is a beautiful tree, revered in Japan and China. There is a story that tells of the ginkgo tree's profound endurance. Not only has this exceptionally resilient tree survived three mass extinction events over the past quarter of a billion years, but it was found to be the only surviving plant species near the epicenter of the August 6, 1945 Hiroshima atomic bomb blast. In September 1945, the area around the blast center was examined and six Ginkgo trees were found standing. They budded shortly after the blast without major deformations and are still alive to this day.*

## ADOLESCENT PROGRAMS AND SERVICES



**SINCE 1884, DEDICATED TO PROVIDING COMPASSIONATE  
PSYCHIATRIC AND SUBSTANCE USE TREATMENT SERVICES.**



Bournewood has earned The Joint Commission's Gold Seal of Approval® for Behavioral Health Care Accreditation symbolizing the quality and excellence that reflects our commitment.



**BROOKLINE | WOBURN | LOWELL**

## FOSTERING RECOVERY THROUGH TRAUMA-INFORMED CARE

Bournewood Health Systems brings over 130 years of continuous behavioral health care experience to provide support, high quality clinical practices, hope and recovery to adults and adolescents with mental health and substance use conditions.

Trauma-informed treatment is the foundation of our approach. A person's overall health and wellness are integrated into all our services.

## ADOLESCENT PROGRAMS AND SERVICES ~ IT TAKES A TEAM

Our approach for adolescents age 12 to 18 involves family members, outpatient providers, schools and others who work with our expert clinical staff to develop individualized treatments plans for each young person. Stabilizing symptoms and working with family issues is a major part of the program, all to develop successful strategies to return to home and school. During the school year, a certified licensed teacher is part of the team on site, providing continuity to youth whose lives and studies are interrupted by the need for hospital level of care.

### Inpatient Programs

- ✓ Psychiatric Evaluation
- ✓ Multidisciplinary Approach
- ✓ Individual, Group and Family Therapy
- ✓ Medication Management
- ✓ Education and Counseling
- ✓ Recovery Skills

### Partial Hospital Programs

- ✓ Individualized Care
- ✓ Recovery-focused Treatment
- ✓ Medication Evaluation
- ✓ Intensive Group Therapy
- ✓ Peer Support
- ✓ Case Management



## Our Mission

Bournewood is dedicated to providing high quality person-centered treatment for people with mental health and substance use conditions in a safe and respectful environment in partnership with the individuals and families we serve, focusing on support, hope and recovery.

## WHAT YOU CAN EXPECT AT BOURNEWOOD

We treat people with dignity, respect and mutuality; protect their rights; provide the best care possible; support them in returning to their natural communities; and include patients and families as partners in their treatment.

Our philosophy stands for providing a safe and therapeutic environment for patients, families and our staff.

Bournewood assists with transportation needs for all our services.



THERE IS ALWAYS  
**HOPE**

**Have questions about our programs and services?  
Our intake coordinators are on duty 24/7. Call us at**

**800-468-4358**

**Visit our website at [www.bournewood.com](http://www.bournewood.com)**